
"15-20% of the population has a language-based learning disability.

Dyslexia is the most common cause of reading, writing and spelling difficulties."

International Dyslexia Association

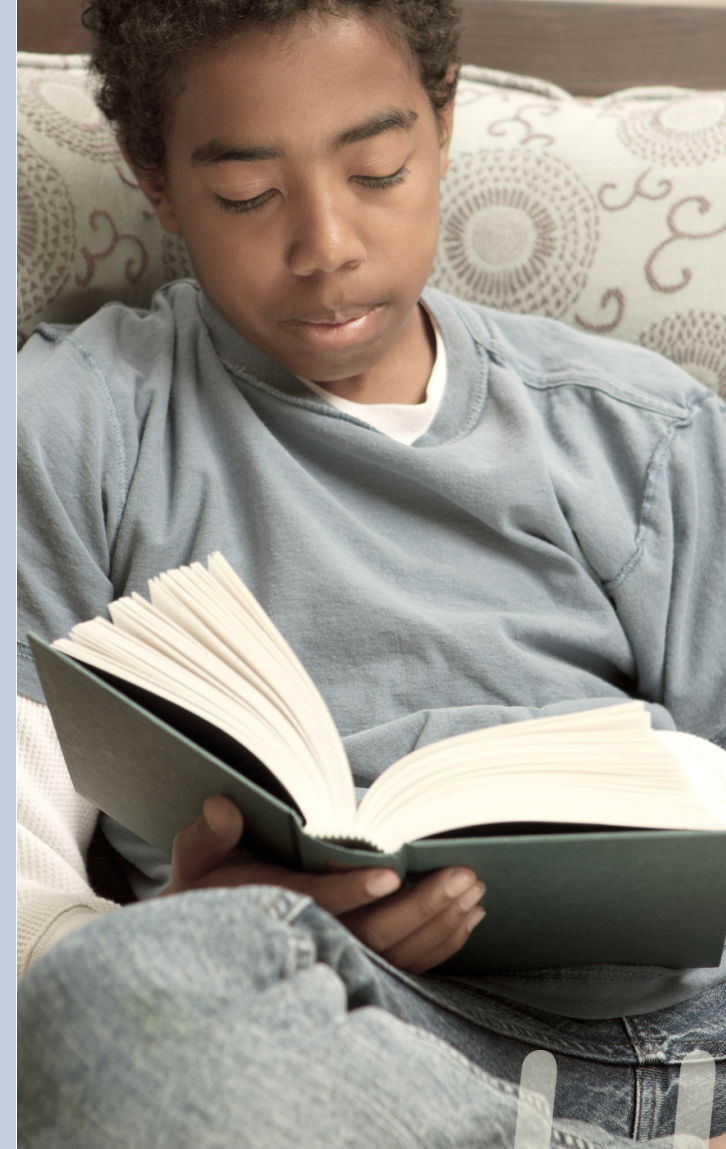
Huddle up

At Huddle Up, we bring our specialist providers, children, school staff, and families together with high quality care that supports the whole community.

Better Care Together.

www.huddleupcare.com

Speech Therapy
Occupational Therapy
Mental Health Counseling
Resources & Education



LET'S LEARN MORE ABOUT

DYSLEXIA

ABOUT DYSLEXIA

Dyslexia is a specific learning disability that impairs a person's ability to read and write. Dyslexia affects the areas in the brain that process language.

It is characterized by:

- Difficulties with recognizing words when reading (either reading fluency or reading accuracy)
- Poor spelling and decoding abilities

People with dyslexia have normal intelligence and usually have normal vision. Dyslexia is not the result of a lack of desire to learn. Most children with dyslexia can be successful in a school environment with tutoring or additional support.



SUPPORT TIPS

People with dyslexia benefit from therapy with a licensed speech therapist or other professional to help them overcome academic challenges.

If you know someone with dyslexia, the following activities can help them develop important reading/spelling skills:

- List rhyming words
- Tell the first or last sound in a word.
- Say a word without the first sound (e.g., say "hat" without the "H" sound)
- Count how many sounds are in a word (e.g., the word "couch" has 3 sounds ("K," "ow," and "ch") but 5 letters)

SIGNS OF DYSLEXIA

- Late talking
- Difficulty with rhyming
- Reading well below expected level for their age
- Difficulty seeing or hearing the difference or similarities between sounds and words
- Difficulty sounding out familiar words
- Poor spelling
- Takes a long time to complete reading and writing tasks
- May avoid activities involving reading and writing
- Difficulty memorizing

ADDITIONAL RESOURCES

- [International Dyslexia Association](#)
- [The Mayo Clinic: Dyslexia](#)
- [Helping Kids Thrive Podcast: Dyslexia Identification with Earlybird](#)

FOR EXPERT HELP

www.huddleupcare.com